

**IPF Internal
MEDICON Medicine
2026 Meeting**



IPF MEDICON 2026
8th Annual International Conference of
Innovative Physicians Forum
Organised by: Innovative Physicians Forum®



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Kasturba Medical College
Manipal
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All India Association for
Advancing Research in Obesity

Institutional Members

**Hemwati Nandan Bahuguna
Medical Education University,
Uttarakhand, Dehradun (UK)**



**Mahatma Gandhi University of
Medical Sciences & Technology
Jaipur, Rajasthan**



**Theme: "Metabolic Medicine
at Crossroads: Diabetes,
Obesity, and the Future
of Internal Medicine".**

**29th - 30th August, 2026
Hotel Pullman and
Novotel, Aerocity,
New Delhi.**

**SCIENTIFIC
PROGRAMME**



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SCIENTIFIC PROGRAM IPF MEDICON 2026			
SATURDAY, 29TH AUGUST 2026, CHARAKA HALL			
TIMING	TOPIC	SPEAKERS	CHAIRPERSONS
08:00AM	REGISTRATION		
08:50AM	SETTING THE AGENDA : SCIENTIFIC PROGRAMME OUTLINE: DR. PUNEET KHANNA		
09:00AM-10:00AM	SESSION 1:		
09:00AM-09:15AM	HYPERTRIGLYCERIDEMIA: TREAT AGGRESSIVELY?	DR. ANUPAM PRAKASH	DR. PRAHLAD CHAWLA DR. DEEPAK G PANDE DR. AMANDEEP KAUR DR. VIPUL CHAVDA
09:15AM-09:30AM	HEART FAILURE: QUADRUPLE THERAPY FOR ALL?	DR. SAJID ANSARI	
09:30AM-09:45AM	EARLY INTERVENTION IN DKD: OPTIMIZING LONG-TERM KIDNEY & CARDIOVASCULAR OUTCOMES WITH FINERENONE	DR. DK AGGARWAL	
09:45AM-10:00AM	HF WITH LVEF ≥40%: RECOGNIZING RESIDUAL RISK AND OPTIMIZING OUTCOMES WITH FINERENONE	DR. NEERAJ BHALLA	
10:00AM-10:30AM	PROF. DR. ML SWARNKAR ORATION		
	TACKLING THE DIABETES EPIDEMIC IN INDIA: SOME SOLUTIONS	DR. V MOHAN	DR. B M MAKKAR DR. SARITA BAJAJ DR. SUDHIR SACHDEVEA
10:30AM-11:30AM	SESSION 2: KEY NOTE ADDRESS		
10:30AM-10:50AM	ANTIMICROBIAL STEWARDSHIP VS DEFENSIVE MEDICINE	DR. NK SINGH	DR. RK SINGHAL DR. ANOOP MALHOTRA DR. VIKAS SHARMA
10:50AM-11:10AM	LIVING LONGER, LIVING BETTER : THE SCIENCE BEHIND IT	DR. VINOD KUMAR	
11:10AM-11:30AM	MASLD THERAPIES: ARE WE READY YET?	DR. AJOY TEWARI	
11:30AM-12:00PM	PRESIDENTIAL ORATION		
	TESTOSTERONE: THE EVOLVING PARADIGM OF HYPOGONADISM, METABOLISM AND SAFETY	DR. S SENGUPTA	PROF. SK AGARWAL DR. MEENA CHHABRA DR. DHEERAJ KAPOOR
12:00PM-12:30PM	DR. PRAFULL CHANDRA KUNDANLAL RANA ORATION		
	CGM IN T2DM & T1D IS FUTURE OF GLUCOSE MONITORING	DR. BANSHI SABOO	DR. VINOD KUMAR DR. PARAG RANA DR. ROHIT KAPOOR
12:30PM-01:45PM	INAUGURATION		
01:45PM-02:30PM	LUNCH		
02:30PM-03:00PM	SESSION 3:		
02:30PM-02:45PM	STATINS AND ASPIRIN : CONTROVERSIES AND UPDATES	DR. RAKESH PARIKH	DR. PARDEEP AGARWAL DR. DEEPAK GUPTA DR. MANISH PAHADIYA DR. RAMESH PATEL
02:45PM-03:00PM	OBSTRUCTIVE SLEEP APNOEA : CURRENT UPDATES	DR. PUNEET RIJHWANI	
03:00PM-04:00PM	SESSION 4: KEY NOTE ADDRESS		
03:00PM-03:20PM	DIURETICS IN HYPERTENSION	DR. PUNEET SAXENA	DR. RK LALWANI DR. PADMASHRI GULATI DR. AS DEORA DR. HARISH BASERA
03:20PM-03:40PM	PRACTICE CHANGINGS TRIALS OF THE YEAR	DR. ARVIND GUPTA	
03:40PM-04:00PM	PRE-DIABETES - AGGRESSIVE TREATMENT OR WATCHFUL WAITING?	DR. ANIL VIRMANI	
04:00PM-05:00PM	IPF WOMEN'S WING : PANEL DISCUSSION ON WOMEN AND METABOLISM		
	MODERATOR: DR. MEENA CHHABRA		
	PANELISTS: DR. DIVYA SAXENA, DR. SANDHYA GAUTAM, DR. ABHA GUPTA, DR. SNEHLATA VERMA, DR. FIRDOUS SHAIKH		
05:00PM-05:40PM	STATE OF THE ART LECTURE		
05:00PM-05:20PM	CLINICAL INERTIA IN METABOLIC DISEASE	DR. GURUPRASAD DHAKAL	DR. MUKULESH GUPTA DR. SUNIL KOHLI DR. RAM BABU SHARMA
05:20PM-05:40PM	ENHANCING NATURAL GLP-1	DR. DO THI NGOC DIEP	
05:50PM ONWARDS	CLOSING REMARKS: DR. PUNEET KHANNA		
06:00PM-07:30PM	RCPE CONVOCATION		
07:30PM ONWARDS	CULTURAL PROGRAM AND GALA DINNER		

SCIENTIFIC PROGRAM IPF MEDICON 2026			
SATURDAY, 29TH AUGUST 2026, SUSHRUTA HALL			
TIMING	TOPIC	SPEAKERS	CHAIRPERSONS
08:00AM	REGISTRATION		
08:50AM	SETTING THE AGENDA : SCIENTIFIC PROGRAMME OUTLINE: DR. ROHIT KUMAR		
09:00AM-10:00AM	SESSION: 1		
09:00AM-09:15AM	DIABETIC NEPHROPATHY: PREVENTION AND ORGAN PROTECTION	DR. AVIJIT ROYZADA	DR. VIKRAM KALRA DR. SEEMA SHAHI DR. SHWETA BHARDWAJ DR. VINEETA SINGH TANDON
09:15AM-09:30AM	FIXING BLIND SPOTS IN DIABETES EXERCISE PRESCRIPTIONS	DR. KK GANGOPADHYAY	
09:30AM-09:45AM	AUTO IMMUNE HEPATITIS	DR. N KANNAN	
09:45AM-10:00AM	HYPERTENSTION TARGETS: HOW LOW IS TOO LOW?	DR. PURNA CH DASH	
10:00AM-11:00AM	SESSION: 2 KEY NOTE ADDRESS		
10:30AM-10:50AM	THE NEW FACE OF CARDIOMETABOLIC DISEASES IN 2026	DR. PC MANORIA	DR. ATUL BHASIN DR. PRAKASH LALCHANDANI DR. RAGHAV AGGARWAL
10:50AM-11:10AM	SLEEP, STRESS, AND METABOLIC DYSFUNCTION	DR. NARSINGH VERMA	
11:10AM-11:30AM	DIABETES AND INDIAN KNOWLEDGE SYSTEM	DR. ASHOK KUMAR DAS	
11:00AM-11:30AM	DMC LECTURE		
11:30AM-12:00PM	GLUCOSE VARIABILITY & CLINICAL IMPACT OF AGIS	DR. DEEPAK G PANDE	DR. PUNEET KHANNA DR. ANIL MANCHANDA
12:00PM-01:45PM	INAUGURATION (HALL CHARAKA)		
01:45PM-02:30PM	LUNCH		
02:30PM-03:00PM	SESSION 3		
02:30PM-02:45PM	TRISHUL OF ERECTILE DYSFUNCTION	DR. DEEPAK JUMANI	DR. ARUN GOGNA DR. KIRTI SOOTA DR. AMIT VARMA
02:45PM-03:00PM	THYROID DISEASES IN PREGNANCY: DETECTION AND MANAGEMENT	DR. SHANKHA SEN	
03:00PM-04:00PM	STATE OF THE ART LECTURE		
03:00PM-03:20PM	RETHINKING DYSLIPIDEMIA : WHAT HAS CHANGED IN 2026 ACC/AHA LIPID GUIDELINES	DR. N MADHUWANTHI H	DR. ARVIND K AGARWAL DR. HARVINDER SINGH DR. RAJESH KESRI
03:20PM-03:40PM	BEYOND CHEMOTHERAPY- PREVENTING AND TREATING BOWEL CANCER	DR. LESLEY DAWSON	
03:40PM-04:00PM	AUTOIMMUNE ENCEPHALITIS: A PHYSICIAN'S GUIDE TO THE CLINICAL SPECTRUM, DIAGNOSIS AND MANAGEMENT UPDATE	PROF. AMINUR RAHMAN	
04:00PM-05:00PM	PANEL DISCUSSION 2: FEVER IN CLINIC SETTINGS		
	MODERATOR: DR. POOJA KHOSLA		
	PANELISTS: DR. ANAND P AMBALI, DR. MADHULATA AGARWAL, DR. SHILPI KHANNA, DR. DIVYA BANSAL, DR. RUCHI KAPOOR		
05:00PM-05:55PM	STATE OF THE ART LECTURE		
05:00PM-05:20PM	RETHINKING OBESITY: BEYOND BMI TO PRECISION MEDICINE	DR. H A D MANOHARI	DR. RAM KRISHNA MODI DR. SHASTHRY SM DR. AMBIKA TYAGI DR. AJAY KUMAR GUPTA
05:20PM-05:40PM	CKD SCREENING: UNIVERSAL VS RISK BASED	DR. MUKUNDA P KAFLE	
05:40PM-05:55PM	PREVENTING HAP : THE PROACTIVE APPROACH	DR. VIDYA SUNDARESHAN	
05:55PM ONWARDS	CLOSING REMARKS DR. ROHIT KUMAR		
06:00PM-07:30PM	RCPE CONVOCATION		
07:30PM ONWARDS	CULTURAL PROGRAM AND GALA DINNER		

SCIENTIFIC PROGRAM IPF MEDICON 2026			
SATURDAY, 29TH AUGUST 2026, VAGBHATA HALL			
TIMING	TOPIC	SPEAKERS	CHAIRPERSONS
08:00AM	REGISTRATION		
08:30AM	SETTING THE AGENDA : SCIENTIFIC PROGRAMME OUTLINE: DR. ANIL MANCHANDA		
08:45AM-10:00AM	SESSION 1		
08:45AM-09:00AM	REDEFINING OBESITY CARE WITH TIRZEPATIDE	DR. SANDEEP SURI	DR. PARMOD MATHUR DR. MUDIT SABHARWAL DR. NIKHILPURSNANI
09:00AM-09:15AM	TRIALS TO TREATMENT-INTEGRATING TIRZEPATIDE INTO CLINICAL PRACTICE	DR. DHEERAJ KAPOOR	
09:15AM-09:30AM	Q&A		
09:30AM-09:45AM	POLYPHARMACY- GUIDELINES VS PATIENT REALITY	DR. SANJIB MEDHI	
09:45AM-10:00AM	STROKE PREVENTION IN AF: DOAC DILEMMAS	DR. ANSHU ROHTAGI	
10:00AM-11:00AM	SESSION 2		
10:00AM-10:15AM	METABOLIC INFLAMMATION: THE COMMON SOIL FOR CARDIAC, RENAL, AND CONGNITIVE DECLINE	DR. GB SATTUR	DR. NEELESH KAPOOR DR. PAWAN KUMAR GUPTA DR. RISHIKESH MAHADEV DESAI DR. ANIL KUMAR JAIN
10:15AM-10:30AM	ACS MANAGEMENT: IS ROUTINE PCI OVERUSED?	DR. SMIT SHRIVASTAVA	
10:30AM-10:45AM	SEPSIS BUNDLES: EVIDENCE VS REAL-WORLD FEASIBILITY	DR. MUKHYA PRANPRABHU	
10:45AM-11:00AM	MANAGEMENT OF SEVERE PERSISTENT ASTHMA	DR. ABHASH JAIN	
11:00AM-12:00PM	SESSION 3		
11:00AM-11:15AM	IV IRON EVERYWHERE? - EVIDENCE & PUSHBACK	DR. ANITA BASAVARAJ	DR. SHAVETA DAHIYA DR. DOLLY MARYA DR. GARGI NEGI DEEPAK DR. SILKI PANDEY
11:15AM-11:30AM	CANCER SCREENING: TOO EARLY, TOO OFTEN?	DR. CHANDANI RADHAKRISHNAN	
11:30AM-11:45AM	HYPOTHYROIDISM: ARE WE TREATING TOO MUCH?	DR. JAYSHREE SWAIN	
11:45AM-12:00PM	GERIATRIC EMERGENCIES - RECOGNITION AND MANAGEMENT	DR. KAUSER USMAN	
12:00PM-12:40PM	SESSION 4		
12:00PM-12:20PM	AUTOIMMUNE DISEASES: EARLY REFERRAL VS OVERTESTING	DR. ARADHNA SINGH	DR. CHITRALEKHA KHATI SHARMA DR. PRATIBHA GOGIA DR. TANVI BATRA
12:20PM-12:40PM	CHRONO NUTRITION IN METABOLIC DISORDERS	DR. SMITHA BHAT	
12:40PM-01:45PM	INAUGURATION (HALL-CHARAKA)		
01:45PM-02:30PM	LUNCH		
02:30PM-03:30PM	SACH KA SAMNA: DEBATES		
02:30PM-03:00PM	WAR ON OBESITY: SEMAGLUTIDE [ABHISHEK ARUN] VS TIRZEPATIDE [ABHISHEK SHRIVASTAVA]	DR. ABHISHEK ARUN DR. ABHISHEK SHRIVASTAVA	EXPERTS: DR. DINESH SHARMA DR. RAJESH MARYA
03:00PM-03:30PM	ASYMPTOMATIC HYPERURICEMIA SHOULD BE TREATED : YES : DR. GR SUBBU / NO : DR. SS DARIYA	DR. GR SUBBU DR. SS DARIYA	EXPERTS: DR. ASHEESH SINHA DR. SANJAY MANDLOI
03:30PM-04:00PM	SESSION 5:		
03:30PM-03:45PM	APPROACH TO PERSISTENT FATIGUE: BEYOND ROUTINE TESTS	DR. SEKHAR CHAKRABORTY	DR. NISHI NATH JHA DR. SATISH KUMAR AGARWAL DR. VIKAS BHATTI DR. SUDHA SARNA
03:45PM-04:00PM	COMMUNITY ACQUIRED PNEUMONIA: COMMON PITFALLS	DR. AJAY KUMAR VERMA	
04:00PM-05:00PM	PANEL DISCUSSION 3: LIVER AS A GATEWAY TO METABOLIC DISORDERS		
	MODERATOR: DR. AJAY YADAV		
	PANELISTS: DR. KARTHIK MUNICHOODAPPA, DR. AMIT SHARMA, DR. MAYANK GUPTA, DR. MUKESH SARNA, DR. VIRENDRA SINGH		
05:00PM-05:45PM	SESSION 6		
05:00PM-05:15PM	ASCVD RISK IN DIABETIC AND HYPERTENSIVES-INDIAN PERSPECTIVE	DR. BRIJ MOHAN	DR. ATUL KAKAR DR. RAJESH KUMAR MEENA DR. MOHIT SINGH TANDON DR. NEELESH KAPOOR
05:15PM-05:30PM	THE ART OF MANAGING RICKETTSIAL INFECTIONS	DR. RAVI KANT	
05:30PM-05:45PM	UNINTENTIONAL WEIGHT LOSS: MODERN DIAGNOSTIC ALGORITHMS	DR. AKASH SINGH	

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SUNDAY, 30TH AUGUST 2026, CHARAKA HALL			
TIMING	TOPIC	SPEAKERS	CHAIRPERSONS
08:00AM	REGISTRATION		
08:50AM	SETTING THE AGENDA : SCIENTIFIC PROGRAMME OUTLINE: DR. PUNEET KHANNA		
09:00AM-10:00AM	SESSION 1		
09:00AM-09:15AM	SUDDEN CARDIAC DEATHS: CAUSES AND PREVENTION	DR. PRABHAT AGARWAL	DR. AMITABH KHANNA DR. ASHISH KHATTAR DR. SANJAY MANCHANDA DR. CHARANDEEP SINGH SALUJA
09:15AM-09:30AM	DIABETIC KETOACIDOSIS : CURRENT MANAGEMENT	DR. ANIL SAMARIA	
09:30AM-09:45AM	UNDERSTANDING DIABETIC EMBRYOPATHY	DR. BK SINGH	
09:45AM-10:00AM	SOMOGYI PHENOMENON : FACT OR FICTION	DR. PRATAP JETHWANI	
10:00AM-11:00AM	SESSION 2: KEY NOTE ADDRESS		
10:00AM-10:20AM	BP VARIABILITY VS RISK: MARKER OR NOISE?	DR. ANUJ MAHESHWARI	DR. AS GHAI DR. SK MUNDRA DR. SUNIL SHARMA DR. SHIVAM VERMA
10:20AM-10:40AM	IMMUNOTHERAPY FROM PHYSICIANS PERSPECTIVE: MECHANISMS AND USAGE OF CELL-IMMUNOTHERAPY	DR. SIDDHARTH DAS	
10:40AM-11:00AM	BHASHA, BUDGET, BELIEF : THE 3 B'S OF REAL WORLD DIABETES CARE	DR. ARAVINDA J	
11:00AM-11:40AM	STATE OF THE ART LECTURE		
11:00AM-11:20AM	UTILITY OF VISCERAL FAT RATING, MEASURED USING BIOELECTRICAL IMPEDANCE ANALYSIS, FOR SCREENING METABOLIC SYNDROME IN PATIENTS DIAGNOSED WITH OBESITY IN VIETNAM	DR. TRAN QUANG NAM	DR. ANIL MANCHANDA DR. SURENDER MITTAL DR. MD GUPTA
11:20AM-11:40AM	C- PEPTIDE MEASUREMENT IN PEOPLE WITH DIABETES IMPROVING DIAGNOSTIC ACCURACY AND TREATMENT CHOICES	PROF. MARK STRACHAN	
11:40AM-12:10PM	DR. GB SATTUR ORATION		
	FUTURE OF OBESITY MANAGEMENT	DR. BM MAKKAR	DR. JK SHARMA DR. HK AGARWAL DR. GB SATTUR
12.10PM-12:40PM	PROF. DR AJAI SHANKER ORATION		
	EMERGING THREAT OF NCDS IN YOUNG: TIME TO ACT	DR. GIRISH MATHUR	DR. KK PAREEK DR. OP SHARMA DR. PUNEET KHANNA
12:40PM-01:20PM	IPF FELLOWSHIP CONVOCATION		
01:20PM-01:50PM	LUNCH		
01:50PM-03:00PM	SESSION 4		
01:50PM-02:05PM	TBD	DR. RAJIV AWASTHI	DR. DK CHAUHAN DR. VISHNU KUMAR GUPTA DR. MANISH GUPTA DR. DEEPAK GUPTA
02:05PM-02:20PM	HEAT STROKE : PREVENTION AND MANAGEMENT	DR. BABU RAJENDRA B NAIK	
02:20PM-02:40PM	NEWER TRIALS IN DIABETES	DR. JK SHARMA	
02:40PM-03:00PM	FLU AND SHINGLES IN INDIA: RETHINKING ADULT IMMUNISATION	DR. PUNEET KHANNA	
03:00PM-04:00PM	SESSION 5: KEY NOTE ADDRESS		
03:00PM-03:20PM	PCOS MANAGEMENT: ENDOCRINE VS LIFESTYLE FIRST	DR. RAJESH KHADGAWAT	DR. KP CHANDRA DR. G.S GREWAL DR. VIVEK HANDA DR. ANIL GOMBER
03:20PM-03:40PM	FRAILITY & SARCOPENIA: THE MISSING VITAL SIGN	DR. OP SHARMA	
03:40PM-04:00PM	OBESE HFPEF: CLINICO ECHO THERAPEUTIC NAVIGATION FOCUSING ON STEP HFPEF AND STEP HFPEFDM	DR. HK CHOPRA	
04:00PM-04:30PM	SESSION 6		
04:00PM-04:15PM	COMBINATION THERAPY VS STEPWISE THERAPY IN T2DM	DR. JJ MUKHERJEE	DR. SAURABH SHARMA DR. YOGESH CH PORWAL DR. AJAY KUMAR GUPTA
04:15PM-04:30PM	METABOLIC SYNDROME- USEFUL CONCEPT OR OUTDATED LABEL?	DR. ABHISHEK KUMAR	
04:30PM-05:30PM	IPF WOMEN'S WING PANEL DISCUSSION ON RHEUMATOLOGY (GENDER SPECIFIC PHENOTYPES IN RHEUMATOLOGICAL DISEASE)		
	MODERATOR: DR. ARVIND KUMAR		
	PANELISTS: DR. ARUN KEDIA, DR. VISHAL KAURA AGARWAL, DR. NIHARIKA SINHA, DR. YOGITA SINGH		
05:30PM ONWARDS	VALEDICTORY		

SCIENTIFIC PROGRAM IPF MEDICON 2026			
SUNDAY, 30TH AUGUST 2026, SUSHRUTA HALL			
TIMING	TOPIC	SPEAKERS	CHAIRPERSONS
08:00AM	REGISTRATION		
08:50AM	SETTING THE AGENDA : SCIENTIFIC PROGRAMME OUTLINE: DR. ROHIT KUMAR		
09:00AM-10:00AM	SESSION 1		
09:00AM-09:15AM	THE DIABETIC LUNG: TRACING THE METABOLIC-MICROBIOTA IMMUNE AXIS	DR. BIJAY PATNI	DR. ASHOK JAIN DR. ATUL GOGIA DR. PARAS AGARWAL DR. VINUS TANEJA
09:15AM-09:30AM	TYPE 5 DIABETES	DR. MAYANK GUPTA	
09:30AM-09:45AM	IMPROVING ACCESS, EDUCATION AND EMPOWERMENT FOR T1DM IN LOW RESOURCES SETTINGS : DOST MODEL	DR. GD RAMCHANDANI	
09:45AM-10:00AM	COPD TRIPLE THERAPY:WHO REALLY BENEFITS?	DR. PRADYUMN SHARMA	
10:00AM-11:00AM	SESSION 2: KEY NOTE ADDRESS		
10:00AM-10:20AM	APPROACH TO RECURRENT FEVER WITHOUT FOCUS	DR. JYOTIRMAY PAL	DR. VIJAY ARORA DR. YASHPAL ARORA DR. ATUL LUTHRA DR. JAGGI RAWAT
10:20AM-10:40AM	HEART-KIDNEY-METABOLIC AXIS: INTEGRATED CARE	DR. KAMLAKAR TRIPATHI	
10:40AM-11:00AM	THYROID OVERDIAGNOSIS: ARE WE TREATING TOO MUCH?	DR. SWATI SRIVASTAVA	
11:00AM-11:40AM	SESSION 3: DUO LOGS		
	MANAGEMENT IN HYPERTENSION IN DIABETES	DR. ASHOK TANEJA DR. MUNISH PRABHAKAR	DR. HK AGARWAL DR. SHIVAM SHRIVASTAVA DR. SP KALRA
11:40AM-12:40PM	ORATION (CHARAKA HALL)		
12:40PM-01:20PM	IPF FELLOWSHIP CONVOCATION (CHARAKA HALL)		
01:20PM-02:00PM	LUNCH		
02:00PM-03:00PM	SESSION 4		
02:00PM-02:15PM	ISOLATED SYSTOLIC HYPERTENSION	DR. ATUL KULSHRESHTHA	DR. MONIKA ARORA DR. NAVNEET GILL DR. HITESH SARAOGI
02:15PM-02:30PM	NAFLD VS MASLD: DOES RENAMING CHANGES PRACTICE?	DR. NARESH BANSAL	
02:30PM-03:00PM	THE ONGOING OBESITY DEBATE : SURGERY V/S MEDICAL THERAPY	DR. DEEP GOYAL VS DR. DEEPAK G PANDE	
03:00PM-04:00PM	SESSION 5		
03:00PM-03:20PM	NON ONCOLOGIC USES OF PET CT : PRESENT STATUS	DR. HARSH MAHAJAN	DR. PRAVEEN KUMAR GUPTA DR. KIRAN CHHABRA DR. AMARPREET RIAR
03:20PM-03:40PM	GESTATIONAL DIABETES AS A PREDICTOR OF FUTURE TYPE 2 DIABETES.	DR. SUNIL GUPTA	
03:40PM-04:00PM	RESEARCH GAPS AND EMERGING OPPORTUNITIES IN DIABETES	DR. L SREENIVASMURTHY	
04:00PM-04:30PM	SESSION 6		
04:00PM-04:15PM	SIADH : CURRENT PERSPECTIVES	DR. MUKESH BHATIA	DR. SANJAY MAHAJAN DR. HITESH PUNYANI
04:15PM-04:30PM	OPPORTUNISTIC INFECTION IN DIABETES	DR. ASHISH SAXENA	
04:30PM-05:30PM	PANEL DISCUSSION 5: AI AARO SYMPOSIUM (HOW TO SETUP AN "OBESITY CLINIC")		
	MODERATOR: DR. VIPUL GUPTA		
	EXPERT: DR. BM MAKKAR		
	PANELISTS: DR. GIRISH KHURANA, DR. HANISH GUPTA, DR. RPS MAKKAR, DR. PARAS GANGWAL, DR. SUSHIL KUMAR CHAUHAN		
05:30PM ONWARDS	VALEDICTORY		

SCIENTIFIC PROGRAM IPF MEDICON 2026			
SUNDAY, 30TH AUGUST 2026, VAGBHATA HALL			
TIMING	TOPIC	SPEAKERS	CHAIRPERSONS
08:00AM	REGISTRATION		
08:50AM	SETTING THE AGENDA : SCIENTIFIC PROGRAMME OUTLINE: DR. PUNEET KHANNA		
09:00AM-10:00AM	FREE PAPER	JUDGES: DR. AMITESH AGGARWAL DR. ROHIT KUMAR DR. SAURABH SRIVASTAVA	
10:00AM-11:00AM	SESSION 1		
10:00AM-10:15AM	GUT , ADIPOSE AND BRAIN: METABOLIC COMMUNICATION	DR. C MURALIDHRAN	DR. VB JINDAL DR. GUNJAN AGGARWAL DR. SHRADHA MINOCHA DR. LIPY GUPTA
10:15AM-10:30AM	THROMBOCYTOSIS APPROACH AND TREATMENT	DR. LAKHAN SINGH	
10:30AM-10:45AM	MANAGEMENT OF RESPIRATORY FAILURE - AN OVERVIEW	DR. SHIRSHENDU PAL	
10:45AM-11:00AM	POLLUTION AND ITS IMPACT ON HYPERTENSION AND DIABETES	DR. VITULL KUMAR GUPTA	
11:00AM-11:45AM	IPF WOMEN'S WING: PANEL DISCUSSION ON GENDER EQUALITY IN MEDICINE: LEADERSHIP, CAREER ADVANCEMENT, AND THE DOUBLE BURDEN OF WORK-LIFE INTEGRATION		
	MODERATOR: DR. POOJA RELIA		
	PANELISTS: DR. PRINCI JAIN, DR. SHWETA SHARMA, DR. MANISHA ARORA, DR. ANCHIN KALIA, DR. DEEPMALA LALCHANDANI		
11:45AM-12:30PM	SESSION 2		
11:45AM-12:00PM	METABOLIC BONE HEALTH IN WOMEN	DR. SIMMI DUBE	DR. RISHI PARASHAR DR. MOHINI ASIJA DR. SANJAY RAINA
12:00PM-12:15PM	ANEMIA ALGORITHMS: FERRITIN TRAPS & CONFUSION	DR. SUNITA AGARWAL	
12:15PM-12:30PM	SKIN MANIFESTATIONS OF SYSTEMIC DISEASES	DR. RATI MAKKAR	
12:30PM-01:00PM	SESSION 3		
12:30PM-12:45PM	HYPOMAGNESEMIA.. AN OVERLOOKED ELECTROLYTE DISTURBANCE	DR. NANDINI CHATTERJEE	DR. DEEPAK KUMAR JAIN DR. SHAILESH KUMAR DR. SONIKA LAMBA
12:45PM-1:00PM	APPROACH TO A PATIENT WITH FEVER AND LYMPHADENOPATHY	DR. MANOJ SRIVASTAVA	
01:00PM-01:20PM	SESSION DUO LOGS		
	FIRST LINE THERAPY: METFORMIN VS NEWER AGENTS	DR. RR SINGH DR. SANJAY SHAH	EXPERTS: DR. RAKESH PANDIT DR. ASHOK K JHINGAN DR. A P MISHRA
01:20PM-02:00PM	LUNCH		
02:00PM-03:00PM	SESSION 4		
02:00PM-02:15PM	ACUTE ABDOMEN: RED FLAGS	DR. BALAJI CHIDAMBARAM	DR. SATISH CHAND SHARMA DR. SUNEET KHANNA DR. RANI SAHU DR. DHRUVI HASNANI
02:15PM-02:30PM	OPPORTUNISTIC INFECTIONS IN DIABETES	DR. ASHISH DENGRA	
02:30PM-02:45PM	BREAKING OBESITY CYCLE: UNRAVELING THE MISSING LINK	DR. SN SWAIN	
02:45PM-03:00PM	HIGH ALTITUDE ILLNESS: PREVENTION AND ACCLIMATIZATION	DR. SK SINGH	
03:00PM-04:00PM	SESSION 5		
03:00PM-03:15PM	POST COVID METABOLIC SYNDROME	DR. ANUBHA SRIVASTAVA	DR. MOHIT SARAN DR. GAURAV NIJHARA DR. SUNIL SHARMA
03:15PM-03:30PM	NEW FRONTIER IN HYPERTENSION MANAGEMENT	DR. DINESH AGARWAL	
03:30PM-03:45PM	INSULIN EARLY VS LATE: WHAT DO TRIALS SUGGEST?	DR. KN MANOHAR	
03:45PM-04:00PM	PHYSICIANS BURNOUT IN CPA ERA	DR. RM CHHABRA	
04:00PM-05:00PM	PANEL DISCUSSION 6 (RESISTANT HYPERTENSION : KEY STRATEGIES FOR EFFECTIVE MANAGEMENT)		
	MODERATOR: DR. ANIL MANCHANDA		
	PANELISTS: DR. VK GOYAL, DR. MANOJ RAWAT , DR. VIVEK SUMAN, DR. RAMESH AGARWAL, DR. ATINDRA NARAYAN		
05:00PM-05:30PM	SESSION 6		
05:00PM-05:15PM	SOUTH ASIAN PHENOTYPE & METABOLIC RISK	DR. AMIT GUPTA	DR. INDER KASTURIA DR. ANEESH SHARMA DR. SHAMIK CHAKRABORTY
05:15PM-05:30PM	VITAMIN D: PANACEA OR PRESCRIBING HABIT?	DR. ANIL MANCHANDA	
05:30PM ONWARDS	VALEDICTORY		

WORKSHOP PROGRAM IPF MEDICON 2026			
SATURDAY, 29TH AUGUST 2026			
TIMING	TOPIC	SPEAKER	CHAIRPERSONS
10:00AM-11:00AM	NUTRITION WORKSHOP INCHARGE: MS. SHUBHDA BHANOT	DR. KAVITA GUPTA DR. MADHULATA AGARWAL	DR. ANUPAMA KHANNA
11:00AM-12:00PM	CGM AND TECHNOLOGIES WORKSHOP INCHARGE: DR. AMIT GUPTA	DR. SUPRATIK BHATTACHARYA DR. MANISH KUMAR PRASAD	DR. SUNIL BANSAL
02:00PM-03:00PM	ABC OF CBC - FROM BENCH TO BEDSIDE WORKSHOP INCHARGE: DR. PRADEEP SURI	DR. GHAZALA SIDDIQUI DR RAHUL JAIN	DR. JS SURI
03:00PM-04:00PM	AI IN CLINICAL PRACTICE	DR. BHARAT SABOO DR. ALOK MODI DR. SV KULKARNI	DR. VB SINGH

WORKSHOP PROGRAM IPF MEDICON 2026			
SUNDAY, 30TH AUGUST 2026			
TIMING	TOPIC	SPEAKER	CHAIRPERSONS
10:00AM-11:00AM	PFT AND SLEEP MEDICINE WORKSHOP INCHARGE: DR. VIKAS MAURYA	DR. DAVINDER KUNDRA DR. VIKAS JAISWAL	DR. ROHIT KUMAR
11:00AM-11:30AM	ECG AND ARRYTHMIAS WORKSHOP INCHARGE: DR. ROHIT KAPOOR	DR. REETU SRIVASTAVA DR. RAVI BHARGAV	DR. JITENDRA NAGAR DR. PAWAN GOYAL
11:30AM-12:00PM	SMART TIPS FOR SUCCESSFUL LIFESTYLE MODIFICATIONS FOR WEIGHT LOSS WORKSHOP INCHARGE: DR. ANJALI NAKRA	DR. YASH PATEL DR. HARSHVARDHAN SHAH	DR. SHIV SHANKER
02:00PM-03:00PM	DIABETIC FOOT WORKSHOP INCHARGE: DR. ASHOK DAMIR	DR. APS SURI DR. PARAG RANA	DR. RAJNISH SAXENA
03:00PM-04:00PM	INSULIN WORKSHOP INCHARGE: DR. ASHUTOSH CHATURVEDI		
03:00PM-03:20PM	IN HOSPITAL HYPERGLYCEMIA MANAGEMENT	DR SETU GUPTA	DR. ANIL KUMAR KULSHRESHTHA DR. DEEPAK ARORA
03:20PM-03:30PM	Q AND A		
03:30PM-03:50PM	HOW BEST WAY INSULIN CAN BE PRESCRIBED IN OUT DOOR SETTINGS FOR DIABETES MANAGEMENT	DR PANKAJ AGARWAL	
03:50PM-04:00PM	Q AND A		

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