

Fortis Escorts Heart Institute  
New Delhi

Cordially invites you to



Partnered by

Innovative Physicians Forum



on

Sunday, 21<sup>st</sup> September, 2025

at

10:00 AM onwards

Subject:

**HOW DO I TREAT HYPERTENSION AND DYSLIPIDEMIA IN 2025**

*"The Most Essential Practice Points I Need To Know In My Clinic!"*

Venue: The Lalit

Barakhamba Avenue, Connaught Place, New Delhi-110001



**RSVP:**

Abhishek Malik 7727008826 | Abhishek Singh 8510051007



## *Interactive Knowledge Growth Program By Fortis Escorts Heart Institute*

September 8, 2025

Dear Friends,

You may recall the *involve* (Interactive Knowledge Growth Program by Fortis Escorts Heart Institute) program which we ran a few years ago (six sessions a year). This knowledge exchange program was curated and moderated personally by me with practice-based talks, take home points and discussions amongst experts. The “involve” was a ‘hit’ because it was useful to all of us in our daily clinical practice. This was appreciated immensely by you all!

*Since then, I have had numerous requests from all the physician colleagues to restart the ‘Involve’ program and I really appreciate your friendship, confidence and support.*

So, I am happy to announce that the *involve* is “back with a bang” after a long gap, ***away from sight but not away from mind or the heart!***

**This CME will be held in partnership with the Innovative Physicians Forum (IPF).**

**Date & Time:** Sunday, September 21, 2025, 10:00 AM - 1:30 PM

**The Topic is:** “How Do I Treat Hypertension and Dyslipidemia in 2025”

**The venue is:** The Lalit, Barakhamba Avenue, Connaught Place, New Delhi-110001

Please note that these are not didactic lecture-based sessions. You are welcome to stop the speaker at any point to discuss and clarify anything you wish to better understand for your clinical practice.

***Don’t forget prizes for ‘10 early birds’ and ‘5 Most *involve* Questioners’.***

*So, see you there on September 21 2025, at 10:00 AM sharp.*

**Dr. Ashok Seth**

*Chairman, Fortis Escorts Heart Institute  
Coordinator, INVOLVE CME*

**Dr Jugal Kishor Sharma**

*Medical Director, Central Delhi Diabetes &  
Obesity Centre, New Delhi  
Founder & Secretary General, Innovative  
Physicians Forum (IPF)*



Interactive Knowledge Growth Program By Fortis Escorts Heart Institute

“Stop Speakers Anytime on Any Slide, Clarify Doubts, Ask Questions”

## HOW DO I TREAT HYPERTENSION AND DYSLIPIDEMIA IN 2025

*"The Most Essential Practice Points I Need To Know In My Clinic!"*

### HYPERTENSION

**Moderators:** Ashok Seth, Jugal Kishor (JK) Sharma

10:00 – 10:05	Introduction & Welcome	Ashok Seth
10:05 – 10:30	Defining, Measuring and Diagnosing High BP including 24-hour Ambulatory BP Monitoring – What I need to know!	JK Sharma
10:30 – 11:00	Guideline Directed Algorithm: Which Drugs, For Whom, How Many?	Peeyush Jain
11:00 – 11:30	Newer Drugs: What Role, Any Advantages?	Vivudh Pratap Singh
11:30 – 11:40	10 Practice Points for Resistant HTN !!	Surjadeep Sengupta
11:40 – 11:45	Putting It All Together for Your Practice!!	Ashok Seth

### DYSLIPIDEMIA

**Moderators:** Ashok Seth, Vishal Rastogi

11:45 – 12:15	What Do Indian Guidelines Recommend: Who to Treat, When to Treat, Targets?	Vijay Kumar
12:15 – 13:00	Understanding Drugs: When to Use, What Doses and Their Side Effects?	Tapan Ghose
13:00 – 13:25	Newer Agents and Adjunctive Therapies: For Whom & Treatment of Special subgroups?	Peeyush Jain
13:25 – 13:30	Putting It All Together for Your Practice!!	

Don't forget prizes for '10 early birds' and '5 Most *involve* Questioners'.